



M E N U

The Albert prides itself on being a welcoming and friendly Lakeland pub which serves freshly prepared high quality food. Our professional chefs will help in any way possible to cater for people with diets restricted by any intolerance or allergy requirements.

Due to the popularity of the food and the volume of meals often served waiting times may increase during peak times.

FOOD ALLERGIES AND INTOLERANCES

All of our food is prepared in a kitchen where nuts, gluten and other allergens are present.

Our menu descriptions do not include all ingredients - if you have a food allergy, please let us know before ordering. Our fish may contain small bones.

Queens Square, Bowness-on-Windermere, Cumbria, LA23 3BY

Tel: 01539 443241 www.robinsonsbrewery.com/thealbert

 albertbowness  thealbertbownes

Starters

Homemade soup of the day served with artisan bread & butter	£4.95
Chef's own chicken liver pâté served with sun-blushed tomatoes & red pepper chutney and crisp toast	£5.45
Thai crab cakes served with sweet chilli dressing	£6.50
Sautéed garlic mushrooms finished with spinach, white wine & cream served on toasted brioche	£5.95
Italian bruschetta fine chopped tomatoes & onion served on artisan bread with buffalo mozzarella, basil leaves and balsamic syrup	£5.75
Freshly cooked to order Bantry Bay mussels in a creamy garlic sauce finished with fresh parsley and a crusty roll	£7.50
Pan-fried fillet of seabass served on baby leaf salad with chargrilled peppers, toasted pine nuts and a pesto dressing	£6.95
Bread basket , with dipping oils	£4.95
Garlic ciabatta bread Add cheese for an extra 50p	£3.50

Sharing Platters

Tapas sharing platter served with olives, feta cheese, sun-blushed tomatoes and continental meats, accompanied with bread, pesto, houmous & balsamic dips	£10.95
The Albert board a selection of cold meats, cheese, pâté & prawns served with salad, pickles & crusty bread	£11.95
Cheese lovers platter a selection of Lakeland cheeses, breaded Brie, baked Camembert & grilled goat's cheese, served with red onion chutney, celery, grapes & apple with a basket of bread	£13.95

Main Courses

Poached breast of chicken served with crushed new potatoes and a wild mushroom, bacon and cream white wine sauce	£10.95
Slow-cooked lamb shank served on creamy mashed potatoes with a rich rosemary & redcurrant jus	£13.95
Our famous North Atlantic cod deep-fried in beer batter and served with steak house chips and mushy peas	£10.95
Chef's own curry of the day served with basmati rice, naan bread, poppadum and mango chutney	£10.95
Grilled Cumberland sausage ring Served on a bed of mashed potatoes, topped with onion gravy	£9.95

Chef's own Italian lasagne served with garlic bread and salad	£10.95
Homemade steak & mushroom pie topped with puff pastry, served with chips and vegetables	£10.95
Poached fillet of salmon on a bed of spring onion mash with asparagus spears and hollandaise sauce	£11.95
Hearty shepherd's pie served with sweet pickled red cabbage and a crusty bread roll	£10.95
Catch of the day - please see board for details	

From the Grill

All steaks are cooked to your preference and are served with chunky chips & salad or vegetables

10oz Rump steak £15.95 / 8oz Ribeye £19.95
served with sautéed mushrooms, vine tomatoes & onion ring

8oz Fillet steak Rossini £21.95
served on a crouton & topped with pâté served with a Madeira sauce

10oz Gammon steak £11.95
served with egg, pineapple, and chips with a choice of vegetables or salad

Rack of ribs £10.95
with hickory BBQ sauce, chips & homemade coleslaw

Add steak sauce for only £2.50
Choose from Peppercorn, Diane or Blue cheese
Add salt & pepper prawns to your steak for only £3.95

Burgers

All are served with salad & chips

The Albert burger topped with cheese, bacon and a crisp battered onion ring in a toasted brioche bun	£10.95
Cajun chicken burger served with lettuce & mayo on a toasted brioche bun with melted blue cheese	£9.95
Mexican hot dog with chilli con carne, melted cheese, nachos and a BBQ sauce	£8.95
Crispy cod burger served in a toasted bun with shredded iceberg lettuce and a homemade tartare sauce	£8.95

Sides

Chips • Side salad • Jacket potato • Vegetables	£2.95
Sweet potato fries • Onion rings	£3.50
Coleslaw	£1.95
Rocket & Parmesan	£3.95
Garlic ciabatta bread Add cheese for an extra 50p	£3.50

Children's Menu Under 12's only

£5.45

Fish & chips • Margherita pizza & chips
Burger in a bun & chips • Lasagne & chips
Battered chicken nuggets & chips

Please note all of the above are served with a choice of vegetables, salad, peas or beans

Sausage mash & beans
Pasta shells, in a tomato sauce served with garlic bread
Mini roast dinner, with vegetables

Vegetarian Dishes

Mediterranean vegetable risotto topped with melted goat's cheese	£8.95
Mushroom & red pepper stroganoff served with basmati rice	£8.95
Vegetarian moussaka served with sweet potato fries and rocket salad	£8.95

Baguettes & Sandwiches Served from 12 - 5pm

All come with a choice of brown or white bread and are served with fresh salad garnish

Tuna savoury salad	£5.75
Bacon, lettuce & tomato	£5.75
Ham, cheese & Branston pickle	£5.75
Warm Cumberland sausage & melted cheese	£5.95
Prawn Marie Rose	£6.95
The above can be served on a fresh artisan baguette or ciabatta for £1.00	

Brie & bacon ciabatta , with sweet red onion chutney	£7.50
Albert club chicken, bacon, tomato, lettuce & chunky coleslaw served in a toasted ciabatta	£6.95
Mexican fajita wraps	£6.50
Hot roast beef baguette , served with onion gravy Add a cup of soup for £1.95	£7.50

Jacket Potatoes

Chilli con carne • Curry of the day	£6.75
Tuna savoury • Baked beans & cheese Add coleslaw or bacon for an extra 50p	£5.95

Nachos £6.50

with melted cheese, chillies, salsa, guacamole & sour cream
Add a bowl of chilli for £2.00