

LUNCH MENU AND LIGHT BITES

PLOUGHMAN'S LUNCH

served with Cheddar cheese, salad, pickle, coleslaw, pickled onion and two crispy bread rolls (v)

£6.75

SANDWICHES

served on white or brown bread with a salad garnish

Cumberland ham

£4.95

Prawn Marie-Rose

£4.95

Cheddar cheese & pickle

£4.75

Tuna mayonnaise

£4.75

BAKED JACKET POTATOES

Cheddar cheese and Cumberland ham (g)

£6.00

Prawn Marie-Rose (g)

£6.00

Cheddar cheese (v) (g)

£5.50

Tuna mayonnaise (g)

£5.50

Bowl of chips

£2.65

Portion of garlic bread

£1.00



The Ship Inn

AT

CONISTON

M E N U

All of our food is prepared in a kitchen where nuts, gluten and other allergens are present.
Our menu descriptions do not include all ingredients - if you have a food allergy, please let us know before ordering.
Our fish may contain small bones.

(v) vegetarian (g) gluten free



The Ship Inn

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WELCOME TO THE SHIP INN, CONISTON

Jim, Julie & the team welcome you to The Ship Inn. We offer classic pub food, award-winning cask ales, a selection of fine wines, malt whiskies and a warm welcome. Our food is freshly prepared and locally sourced, but please be patient with us during busy periods.

Please order food at the bar, quoting your table number.

STARTERS

Homemade soup of the day, served with a crispy roll	£4.60
Deep-fried Camembert, with redcurrant jelly and salad garnish (v)	£6.25
Warmed Morecambe Bay potted shrimps, with brown bread and salad garnish	£6.80
Duck spring rolls, with Hoi Sin sauce and salad garnish	£6.00
Breaded crispy mushrooms, with garlic mayonnaise dip and salad garnish (v)	£6.00
Garlic and herb salmon goujons, with lemon mayonnaise dip and salad garnish	£6.00

MAIN COURSES

Braised lamb shank in red wine and rosemary sauce, served with chips and vegetables	£13.00
8oz sirloin steak, served with grilled tomato, mushrooms, onion rings, salad and chips (g)	£15.00
Cumberland sausage curl, served with seasonal vegetables, gravy and your choice of potatoes	£9.95
Gammon steak with pineapple slices, served with seasonal vegetables and chips (g)	£10.75
Beef in Stilton and pepper sauce, served with seasonal vegetables and chips (g)	£11.50
Chicken breast with cheese, leek and bacon in a creamy sauce, served with seasonal vegetables and chips	£11.80
Lamb's liver in onion gravy, served with seasonal vegetables, Yorkshire pudding and mashed potatoes, chips or new potatoes	£9.95
Traditional beef lasagne, served with salad, coleslaw and garlic bread	£9.95
Fillet of salmon with hollandaise sauce, served with seasonal vegetables and new potatoes or chips	£10.50
Salmon and dill fishcakes and prawns with a sweet chilli dip, served with salad and coleslaw	£10.75
Scampi, served with coleslaw, salad and chips	£9.90
Stilton and vegetable crumble, served with salad and coleslaw (v)	£10.00
Spinach and ricotta cannelloni, served with salad, coleslaw and garlic bread (v)	£10.00
Vegetable lasagne, served with salad, coleslaw and garlic bread (v)	£9.95

CURRIES

all served with rice, poppadum, mango chutney, tomatoes and cucumber	£10.50
Beef Madras (g)	
Chicken Tikka Masala (g)	
Moghul Chicken (g)	
Goan Vegetable (v)	

POPULAR PIES

all served with seasonal vegetables and chips	
Steak and ale short crust pie, with rich gravy	£9.95
Steak and black pudding short crust pie, with rich gravy	£9.95
Lakeland game short crust pie, with a rich red wine gravy	£11.00
Chicken and mushroom pie, with a flaky pastry topping	£9.95

PIZZAS

12" Chicago Town stuffed crust, big enough to share!	
Choose from: Pepperoni, Four Cheese, Chicken & Bacon	all £8.00
...with chips	all £10.00
<i>available to takeaway</i>	

CHILDREN'S SELECTION

	all £5
Pork sausages, with beans and chips	
Battered cod, with beans and chips	
Battered crispy chicken breast fillets, with beans and chips	
Penne pasta with bolognese sauce, grated cheese and garlic bread	
Sweet and sour chicken, with boiled rice or chips	
Ice cream, served with strawberry or chocolate sauce	£2.40

HOT DRINKS

Cappuccino	£2.00	Chocolate	£2.00
Espresso	£1.75	Chocomilk	£2.00
Café Latte	£2.00	Coffee	£1.80
Mocha	£2.00	Tea	£1.65

DESSERTS

PLEASE CHECK THE BLACKBOARDS FOR SPECIALS & DESSERTS