



THE ROYAL OAK  
LINDALE

## The Royal Oak Sunday Lunch Menu

---

### Starters

**Homemade Moroccan Chicken Soup** served with a warm crusty roll (GF)

**Cartmel Valley Smoked Game Platter** with damson chutney and artisan bread (GF option)

**Deep Fried Panko Breaded Brie** with Cumberland sauce (V)

**Fresh Squid Ink Linguine with Mixed Seafood** and a rich tomato sauce

---

### Main Courses

**Roast Sirloin of Beef** with a homemade Yorkshire pudding and real beef gravy (GF option)

**Roast Leg of Cumbrian Lamb** with redcurrant and red wine gravy (GF)

**Feta, Sweet Potato, Sundried Tomato and Green Pea Frittata** served with a large house salad and homemade garlic bread (V)

**Herb Crusted Salmon Fillet** with a lemon beurre blanc

---

### Desserts

**English Lakes Ice-cream** (GF) (V)

**Passion Fruit and Apple Mousse** (GF) (V)

**Stem Ginger Sponge and Custard** (V)

**Banoffee Meringue Nest** (GF) (V)

**2 Courses £14.95**

**3 Courses £16.95**

*We are happy to provide you with allergen guidelines for all our dishes. As our food is prepared and freshly cooked to order there may be a risk that traces of allergens and gluten could be found in any dish.*