

# THE RED LION

— • HIGH LANE • —

## Starters

### **Fresh crab & kiln smoked salmon open ravioli £7.50**

Fresh pasta, citrus butter, capers & samphire

### **Parma ham & asparagus Mornay £7**

Grana Padano shavings, baby leaf salad & pea shoots

### **Moules Marinière £9**

White wine, garlic, onion, parsley, Cowburn's baked bread & salted butter (mussels sourced locally when in season)

### **Bury black pudding £6.90**

Softly poached free range egg, crispy smoked bacon rasher & creamy wholegrain mustard sauce

### **Cheese, garlic & herb stuffed mushroom (v) £5.90**

Baby leaf salad, crispy breadcrumb & reduced balsamic

### **Chicken liver parfait £6.90**

Real ale & fruit chutney, baby leaf salad, toasted farmhouse bread & butter

### **Peking duck spring rolls £6.90**

Green onion & cucumber salad with spiced plum sauce

### **Soup of the day (v) £4.75**

Cowburn's baked farmhouse bread & salted butter

### **Chorizo scotch egg £7**

Pork and garden herb sausage & spicy chorizo with baby leaf salad, paprika mayo & coriander

### **Smoked haddock & salmon fishcake £6.90**

Fluffy potato, panko breadcrumbs, seasonal leaves, tartare sauce & lemon

### **Brown lentil and mushroom pate (v) £6.90**

Fruit chutney, baby leaf salad, toasted farmhouse bread

### **Charcuterie board (for 2) £14**

Goat's cheese, chicken liver parfait, cured meats, marinated olives, hummus, pickled gherkins, breads, oil & balsamic

## Mains

### **Local salt marsh spring lamb £17**

Seared rump, braised shoulder croquette, dauphinoise potatoes, spring vegetables & red wine garden herb sauce

### **Corn-fed chicken supreme £16**

Grana Padano & breadcrumb crust, baby spinach, fresh asparagus, peas, borlotti beans & garlic cream

### **Salt and pepper belly pork £15**

Vermicelli noodles, wild mushroom broth, coriander, spring onion, red peppers and garlic

### **Steak & Guinness short crust pie £13**

Fresh spring vegetables, choice of potatoes & rich ale gravy

### **North Atlantic cod £13**

Robinsons beer battered, mushy peas, triple cooked chips, tartare sauce & lemon

### **Smoked haddock & leek kedgeree risotto £14**

Light spices, peas, coriander, softly boiled free-range egg & freshly grated Grana Padano cheese

### **Gurkha chicken & cardamom curry £13**

Sticky wild rice, curried tempeh, pickled red onion & garlic brushed coriander naan

### **Aberdeen Angus Charolais beef burger £12.50**

Brioche bun, bacon, onion rings, tomato, gem lettuce, cheddar, pickled gherkin, mustard mayo & triple cooked chips

### **Cheese & onion short crust pie (v) £11.95**

Fresh spring vegetables & choice of potatoes

### **Gammon steak 12oz £14**

Fresh spring vegetables, free range eggs & triple cooked chips

### **Oriental beetroot burger (v) £12.50**

Red onion, gem lettuce, garlic mayo, coriander, pickled gherkins & triple cooked chips

### **Seafood linguine £15**

King prawns, mussels, crab, garlic, onion & samphire finished with cream

## Flame grilled steaks

Our steaks are sourced locally with full traceability from the farmers gate to your plate. Extra dry aged for 28 days.

- Rump 10oz - £19
- Sirloin chop 12oz - £22
- Fillet 8oz - £26
- Côte de boeuf 26oz - £36

Served with hand cut chips, mushroom, tomato, onion rings and your choice of sauce

Sauces: Red wine - Creamy peppercorn - Blue cheese

## Sides

Triple cooked chips (v) £3.50 / Beer battered onion rings (v) £3.50 / Spring vegetables (v) £3.50

Side salad (v) £3.50 / Parma ham wrapped asparagus £4 / Dauphinoise potatoes (v) £4

## Seasonal salad bowls

**Smoked rainbow trout £11.50**

Seasonal baby leaves, cherry tomatoes, red onion, creamed horseradish crème fraiche & new potatoes

**Shredded duck & crispy ginger £11.50**

Seasonal baby leaves, beansprouts, spring onions, cucumber, carrots & spiced plum sauce

**Hummus, olives & borlotti beans (v) £11.50**

Seasonal baby leaves, pecan nuts, cherry tomatoes, pomegranate, cucumber & reduced balsamic

## Cold sandwiches (available 12-5pm)

On your choice of Cowburn's baked white or wholemeal farmhouse bread with homemade coleslaw, fresh seasonal salad leaves & your choice of skinny fries or a mug of hearty homemade soup

**Baked ham £7**

Tomato, cucumber, gem lettuce & red onion

**Topside of local beef £7**

Mustard mayo, red onion & tomato

**King prawns £7**

Paprika mayo, gem lettuce & cucumber

**Mature cheddar (v) £7**

Wholegrain mustard & apple sauce

## Hot sandwiches (available 12-5pm)

On baked ciabatta with homemade coleslaw, fresh seasonal salad leaves & your choice of skinny fries or a mug of hearty homemade soup

**Roast ham £8**

Goosey brie & cranberry sauce

**Roast chicken £8**

Smoked bacon, sage onion stuffing & mayonnaise

**Plaice goujons £8**

Tomato, gem lettuce, gherkins & tartare sauce

**Curried tempeh (v) £8**

Minted mayo, cucumber, gem lettuce & red onion

## Puddings

**Black forest brownie £6.00**

Ice cream

**Chocolate Tom fudge cake £6.00**

Ice cream

**Cranberry & almond Bakewell tart £6.00**

Whipped cream

**Sticky toffee pudding £6.00**

Cream, ice cream or custard

**Crème Brulee & chocolate salted caramel sharer £9.95**

Seasonal berries & short bread

**Lemon cheesecake £6.00**

Ice cream & seasonal fruits

**Cornish ice cream sundae £6.00**

Whipped cream, seasonal fruits & wafer

**Cheeseboard £7.50**

Selection of fine cheeses, ask for today's selection

**FOOD ALLERGIES AND INTOLERANCES.** Before ordering drinks or food, please speak with a member of our staff about your requirements. Whilst we take care to preserve the integrity of our vegetarian (v) products, we must advise that these products are handled in a multi-ingredient kitchen environment. Some fish may contain small bones. All dishes are prepared in areas where allergens are present. Therefore, there is a risk that ingredients used in your meal may have accidentally come into contact with an undeclared allergen, leading to cross contamination. Cooking equipment (e.g. fryers, grills etc.) and food preparation areas may be shared and fried items containing different allergens may be cooked in the same frying oil.

Please ask a team member if you would like further information. Company reg: 00170679